

Key Stakeholder Interviews to Inform a Transition Curriculum for Housestaff

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Abstract

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PROBLEM STATEMENT

Youth with special health care needs (YSHCN) are aging into adulthood at increasing rates, yet fewer than half are receiving appropriate transition services. One important barrier is the insufficient training physicians receive to prepare patients for transition.

CURRENT STATE

There is a relative paucity of widely-available curricula for transition care education for physicians in training. Our group has previously developed a successful classroom-based curriculum which utilized case-based, interactive learning with additional emphasis on exposure to patients. Using this prior experience and additional key stakeholder input, we seek to develop an online-based, transition care curriculum for physicians in training for wider dissemination.

BEST PRACTICES/LITERATURE SEARCH

Fundamental elements of transition care are offered in position statement by professional societies (White, et al Pediatrics. 2018;142(5)), publicly available resources (gottransition.org), and key texts in the field (Pillai, et al, *Care of Adults with Chronic Childhood Conditions*, 2016).

GOAL

To utilize input from key stakeholders interviewed key stakeholders and experts in transition medicine, including primary care providers, subspecialists, patient advocates, and patients to disseminate best practices in transition care to physicians in training.

ROOT CAUSE ANALYSIS



SOLUTIONS

Root Cause	Tested Solution	Responsible	Due	Finding
Diverse key stakeholders	Stakeholder interviews – specialists and PCPs	Peter	12/2018	Six expert providers identified many overlapping themes important to include in our curriculum.
Diverse key stakeholders	Stakeholder interviews – patients and families	Peter	4/2019	
Engagement	Delineate lessons of previous classroom course	Niraj	4/2019	
Engagement	Review extant resources for key material	Niraj + Peter	4/2019	
Portability	Design and implementation of web based modules	Niraj + Peter	6/2019	

CHECK

To date we have interviewed six key stakeholders and identified six core modules for our transition care curriculum, each associated with a particular patient experience:

- 1) Background on YSHCN and the field of transition care
- 2) Adherence to demanding therapeutic regimens
- 3) Decision-making, including capacity, competency, shared-decision making models, and guardianship
- 4) Equity issues, including the stigma of chronic illness and social determinants of YSHCN health
- 5) Independent living including housing, education, employment, sexuality
- 6) A model for successful transition care.

Goal & Metrics	Baseline	Target	Current
Produce Transition Curriculum	Classroom-based course material exists	Revised material in portable, engaging form	In development

ACT

- ◆ Conduct remaining key stakeholder interviews
- ◆ Continue to revise core module content
- ◆ Produce interactive modules, inclusive of patient and other stakeholder video footage