

## Impact of Bariatric Surgery on Menstrual Irregularity and Hyperandrogenism

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### Abstract

Bariatric surgery results in marked and sustained weight loss, and therefore is an effective intervention for the ever-rising epidemic of obesity. A majority of patients undergoing this procedure are reproductive-aged women, who often experience menstrual irregularity and signs of hyperandrogenism. This study evaluates the impact of bariatric surgery on menstrual irregularity and signs of hyperandrogenism. Results show that there is marked improvement in menstrual dysfunction and hyperandrogenism after bariatric surgery. This gives direction for further evaluation of bariatric surgery as a treatment option for menstrual dysfunction, hyperandrogenism and infertility associated with obesity.

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