

Effect of Treatment Sequencing on Tumor Response to Combined Treatment with Ultrasound-drive Microbubbles and Radiotherapy

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Abstract

Purpose

Ultrasound-driven microbubbles (USMB) have synergistic effects with radiotherapy (RT). Sequencing of RT and vascular-disrupting agents can influence cytotoxicity. We investigated outcomes based on USMB and RT sequencing in a preclinical prostate cancer model.

Methods

PC-3 prostate cancer xenografts were treated with ultrasound-driven lipid microspheres and 8 Gy of external-beam RT. Sequence 1 (S1) consisted of USMB treatment preceding RT by 3, 6, 12, and 24 hours; Sequence 2 (S2) gave USMB after RT at the same times. 5 tumors were treated at baseline (no treatment) and at each time point. Effects were tested via staining for CD31, TUNEL and H&E, and Carbonic Anhydrase 9 (CA9) to measure microvessel density (MVD), cell death (CD) and hypoxia, respectively.

Results

Using S1, MVD was 18.8 ± 4.8 counts per field (cpf) at baseline and 9.8 ± 2.3 , 9.1 ± 2.5 , 11.0 ± 3.9 and 12.8 ± 3.3 cpf when USMB preceded RT by 3, 6, 12 and 24 hours, respectively. Using S2, MVD was 18.0 ± 1.8 cpf at baseline and 12.2 ± 0.7 , 10.7 ± 1.1 , 12.1 ± 1.9 and 14.2 ± 1.8 cpf, respectively, when RT preceded USMB by the same times. Each MVD measurement was significantly lower than control ($p < 0.05$) except for S2 separated by 24 hours (S2-24). The MVD

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using S1 was larger than S2 at all time points, but none of these differences were statistically significant. Percent CD using S1 was $19.2\% \pm 4.4\%$ at baseline and $28.0\% \pm 6.4\%$, $35.6\% \pm 10.4\%$, $30.8\% \pm 9.0\%$ and $26.4\% \pm 3.4\%$ when USMB preceded RT by 3, 6, 12 and 24 hours, respectively. Using S2, CD was $14.8\% \pm 4.4\%$ at baseline and $24.2\% \pm 7.0\%$, $27.8\% \pm 5.2\%$, $24.8\% \pm 6.1\%$ and $22.4\% \pm 5.2\%$, respectively, at the same times. Only the S1-6 measurement differed significantly from baseline ($p < 0.01$). There was more cell death with S1 than S2 at all time points but these differences were not statistically significant ($p > 0.05$).

By both MVD and CD, maximum effect occurred using S1-6. Among S2 measurements, maximum effect was using S2-6. However, despite the clear trend of increasing effect with longer separation time up to 6 hours followed by a decrease with longer separation, the measurements at 3, 6, 12 and 24 hours were not significantly different from each other using either S1 or S2 ($p > 0.05$). The only hypoxia measurement significantly different from baseline was S1-6 ($p < 0.01$). The lowest S2 measurement was S2-6, but it did not differ significantly from baseline ($p > 0.05$). Less hypoxia was measured using S1 than S2 at all time points but these differences were not statistically significant ($p > 0.05$).

Conclusion

Maximum tumor effect was seen with treatment separation of 6 hours and a trend was identified toward S1 yielding greater tumor effect than S2. Testing of a larger sample should confirm this finding after which further testing is warranted to develop clinical protocols combining USMB and RT.

