Precursor Lymphoblastic Lymphoma in the Extramedullary Tissue: A Rare Manifestation of Chronic Myeloid Leukemia in Blast Crisis

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Abstract

Chronic myeloid leukemia (CML) is a myeloproliferative disorder characterized by immature granulocytes in peripheral blood and bone marrow. In 95% of cases, it is always due to the presence of Philadelphia chromosome characterized by the presence of reciprocal translocation between chromosome 9 and 22. However, in 7% -17% of individuals, extramedullary proliferation also occurs, either in skin, lymph nodes, bone or central nervous system (CNS), which could be either myeloid, lymphoid or mixed progenitor in origin. The present case is of a 23-year-old male who presented with lower limb weakness, bowel and urinary incontinence. His complete blood count (CBC) findings showed a raised white blood count (WBC) of $408 \times 10^9/L$. Peripheral film, bone marrow biopsy and immunohistochemistry showed findings consistent with CML in chronic phase. Bone marrow cytogenetic revealed the presence of Philadelphia chromosome. Simultaneously, magnetic resonance imaging (MRI) was done which revealed extradural mass at L1-L3 level; histopathological and immunohistochemistry findings showed features compatible with precursor B cell lymphoblastic lymphoma. His cerebrospinal fluid (CSF) cytology revealed similar blast cells. This extramedullary presence of lymphoid blast cells in the CNS put the patient in the rare entity of CML in blast crisis. He was started on tablet nilotinib and also received multiple cycles of intrathecal chemotherapy with cytosar, methotrexate and hydrocortisone. He also underwent radiotherapy of extradural mass. His lower limb weakness improved dramatically. However, after receiving the fourth cycle of intrathecal therapy, the patient died consequent to neutropenic sepsis. Extramedullary blast crisis in CML has a poor prognosis. Any patient with CML, presenting with CNS symptoms or lymph node enlargement should be thoroughly investigated for extramedullary blast crisis, as there is a considerable change in management and prognosis from the prototype CML in chronic phase.

Categories: Hematology

Keywords: chronic myeloid leukemia, extramedullary, blast crisis

Introduction

Extramedullary presentation of chronic myeloid leukemia (CML) in the form of myeloid sarcoma has been reported in several literature [1,2]. However concomitant presentation of CML in bone marrow along with the simultaneous presence of precursor B cell lymphoblastic lymphoma in extramedullary tissue site has rarely been cited. According to 2018, WHO classification, blast crisis of CML is defined as either more than 20% blast cells in blood/bone marrow or extramedullary proliferation of myeloid progenitor cells/ blast cells. Here, we present a rare manifestation of CML in blast crisis due to the presence of lymphoid blasts in extradural mass of central nervous system (CNS) along with granulocytic hyperplasia in peripheral blood and bone marrow.

Case Presentation

A 23-year-old male presented with bilateral limb weakness, urinary and bowel incontinence. Positive physical examination findings revealed massive splenomegaly, motor power of 1/5 and loss of deep tendon reflexes in both lower limbs. Laboratory workup revealed hemoglobin of 11.0 G/dL white cell count (WBC) of $408 \times 10^9/L$ and platelet count of $287 \times 10^9/L$. Peripheral film and bone marrow findings were consistent with CML in chronic phase (Figure 1, Leishman staining; X400).

Review began 09/19/2020

Review ended 10/16/2020

Published 10/17/2020

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How to cite this article

Mansoori H, Faraz M, Qadir H, et al. (October 17, 2020) Precursor Lymphoblastic Lymphoma in the Extramedullary Tissue: A Rare Manifestation of Chronic Myeloid Leukemia in Blast Crisis. Cureus 12(10): e11009. DOI 10.7759/cureus.11009

FIGURE 1: Bone marrow smear showing gross granulocytic hyperplasia

Bcr-abl translocation was detected in 95% of nuclei counted by FISH. MRI lumbosacral spine revealed extradural mass at L1-L3 level; laminectomy was done. Histopathological findings of this extradural mass showed sheets of small-sized neoplastic cells with scant cytoplasm, round nuclei with coarse chromatin (Figure 2, hematoxylin and eosin; X200). Neoplastic cells were diffuse positive for Tdt and CD79a (Figures 3, 4; paraffin-embedded tissue X200), PAX5 and showed proliferative index of 95%. Cells were negative for CD3. Based on which findings were consistent with precursor B cell lymphoblastic lymphoma.

FIGURE 2: Diffuse infiltrate of lymphoid blasts in extradural mass

FIGURE 3: Neoplastic cells of extradural mass showing positivity for Tdt

FIGURE 4: Neoplastic cells of extradural mass showing positivity for CD79a

His CSF DR showed WBC of 150 cu/mm, and protein of 81 mg/dL. Cytology revealed a large number of atypical cells with mildly enlarged nuclei, irregular nuclear contour and scanty cytoplasm.

This patient was diagnosed with CML with extramedullary blast crisis, presenting as CNS leukemia. Patient was started on nilotinib 800mg daily. He received multiple doses of intrathecal chemotherapy with cytosar, methotrexate and hydrocortisone followed by involved field radiotherapy of extradural mass. There was a significant improvement in lower limb weakness.

However, the patient was readmitted on third day after receiving fourth dose of triple Intrathecal therapy, with febrile neutropenia (WBC:0.2) and died after two days due to E-coli sepsis.

Discussion

CML is the myeloproliferative disorder identified by the unopposed reproduction of the pluripotent myeloid stem cell [3]. CML has most commonly three stages: CML chronic phase, CML accelerated phase, and CML blast crisis/extramedullary phase [3]. The extramedullary phase is a relatively uncommon event with an incidence rate of 3%-7.9% [3]. It happens due to the invasion of blast cells in regions other than bone [4]. Extramedullary blast presentation can be manifested as an appearance of new tumors or enlargements of lymph nodes [5]. The manifestation of the extramedullary blast phase as a myeloid sarcoma is reported in the literature [1]. However, the occurrence of Philadelphia chromosome-positive lymphoma is quite rare [6]. Upon search of the PubMed database, we found that there is only one case reported as Philadelphia chromosome-positive B cell lymphoblastic lymphoma in testicular tissue [7]. Wei et al. found 10 case reports from 2003 to 2013 with patients having CML with the finding consistent to lymphoma in extramedullary tissue, which later found to be blast crisis only [6].

Our patient is also another case of simultaneous occurrence B cell lymphoblastic lymphoma in the paravertebral region and CML.

On review of literature, it is studied that CML is one of the risk factors for the occurrence of other cancers (solid and hematological) secondary to bcr-abl aberrations [8]. Bcr-abl gene arises due to the translocation of the gene between long arm of chromosome 9 to chromosome 22. This leads to the Philadelphia chromosome (the hallmark of CML). Gajendra et al suggested that this bcr-abl aberration has the potential to give rise to other malignancies due to genetic instability and clonal evolution [8]. Yap et al. proposed the concept of tumor heterogeneity and sub-clonal evolution and compared this tumor heterogeneity with the growing tree model [9]. The progenitor founding mutation of the tumor mainly harbors the trunk and is found in every tumor subclone. Tumor subclone is represented as the branches of the tree. They possess founding mutation and could also evolve into other somatic aberration which is known as sub-clonal evolution. which might lead to the rise of another type of tumor. This phenomenon is called sub-clonal evolution [9]. Anderson in 2011 approved this phenomenon by analyzing ALL cells through FISH and identifying the recurring genetic mutation in a different subclone of the same patient [10]. Moreover, immunophenotypic loss or gain of marker which is a part of tumor heterogeneity along with sub-clonal evolution can give rise to the metastatic subclone which is different from the primary clonal mutation [7]. The exact phenomena happened with our patients. Therefore, in CML patient Bcr-abl gene instability could rise to other tumor and it is important to have an adequate follow-up in patients for the formation of other hematological tumors secondary to sub-clonal evolution.

Conclusions

This report suggests that Bcr-abl gene is present in all cases of CML and in 20% of acute lymphoblastic lymphoma cases may have an important role in the simultaneous presentation of dual pathology in this patient. Hence it is pivotal to keep an eye and have a regular follow-up to identify any concomitant tumor formation in the patient.

Additional Information

Disclosures

Human subjects: Consent was obtained by all participants in this study. **Conflicts of interest:** In compliance with the ICMJE uniform disclosure form, all authors declare the following: **Payment/services info:** All authors have declared that no financial support was received from any organization for the submitted work. **Financial relationships:** All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work. **Other relationships:** All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

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